

INDIAN SCHOOL AL WADI AL KABIR

Class 11 – Physical Education

UNIT 1-CHANGING TRENDS AND CAREERS IN PHYSICAL EDUCATION

TOPIC- Career Options in Physical Education, Khelo India Programme, and the Fit India Movement.

Date: _____

Worksheet 3

Section A: Multiple Choice Questions (1 Mark Each)

1. Which of the following is a career option after completing a course in Physical Education?
 - a) Software Developer
 - b) Sports Coordinator
 - c) Chartered Accountant
 - d) Civil Engineer
 2. What is the main vision of the Khelo India Programme?
 - a) To boost technology in sports
 - b) To promote grassroots sports culture
 - c) To increase sports export
 - d) To support cricket
 3. Which of the following is not a vertical of Khelo India?
 - a) Play Field Development
 - b) Talent Search and Development
 - c) National Health Mission
 - d) Sports for Women
 4. The Fit India Movement was launched in which year?
 - a) 2015
 - b) 2016
 - c) 2019
 - d) 2021
 5. Who launched the Fit India Movement?
 - a) Ministry of Education
 - b) Prime Minister of India
 - c) Sports Authority of India
 - d) Niti Aayog
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Section B: Very Short Answer Questions (2 Marks Each)

6. Name any two career options in Physical Education besides Physical Education Teacher.
 7. State any two objectives of the Khelo India Programme.
 8. What is the aim of the Fit India Movement?
 9. What qualification is required to become a Professional Coach?
 10. Define the role of a Sports Journalist.
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Section C: Short Answer Questions (3 Marks Each)

11. Explain the career option of a Health and Fitness Club Manager.
 12. List any three verticals of the Khelo India Programme.
 13. How does the Fit India Movement propose to reach every individual?
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Section D: Long Answer Questions (5 Marks Each)

14. Discuss five diverse career opportunities available for graduates in Physical Education.
 15. Explain the vision, aims and twelve verticals of the Khelo India Programme.
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